

THE ROLE OF AN ISVA

An ISVA stands for an Independent Sexual Violence Advisor.

A young person's ISVA is a confidential specialist service providing practical help and emotional support to children under the age of 18 and their families who have been subject to sexual violence and abuse.

We are there to help you understand the process if you have reported to the police and talk to you about your options and choices and what is best for you.

We will make sure that you have safe place to talk and to make sure your voice is heard.

There are no silly questions and if you need to ask anything we will always do what we can to help.

MY ISVA WAS AMAZING. I'VE STRUGGLED A LOT BUT SHE'S BEEN THERE FOR ME AND MY WHOLE FAMILY. SHE HAS SAVED MY LIFE.

ISLE OF WIGHT CONTACT NUMBERS

Sexual Health Clinic St Mary's IOW |
03003002016 | www.letstalkaboutit.nhs.uk

Kooth Online Counselling | www.kooth.com

Chat Health Advice for Teens | 07507332160

Frankie Worker- Counselling | 01983 865657

Youth Trust Counselling | 01983 529569

Talk2 Counselling | 01983 865657

CAMHS, Mental Health | 01983 523602

Inclusion - Drug and Alcohol | 01983 526654

Break Out Youth -LGBTQ+ Support |
02380 224224

Paragon Domestic abuse service | 0800 234
6266

NATIONAL HELPLINE NUMBERS

NSPCC | 0808 8005000

Childline | 0800 1111

National Rape Crisis | 0808 8029999

MOSAC for parents/carers | 0800 9801958



**HAMPTON
TRUST**
INNOVATION TO REBUILD LIVES



C&YP ISVA

CHILDREN & YOUNG
PERSON'S
INDEPENDENT SEXUAL
VIOLENCE ADVISOR

Isle of Wight



HAMPSHIRE
CONSTABULARY



WHAT IS SEXUAL VIOLENCE?

Sexual violence is any sexual act, or attempt to carry out a sexual act, that takes place without consent (agreement) of the person who has experienced it – it can include any form of sexual contact, forcible nudity and harassment.

There are no excuses for sexual violence. Whoever the attacker is the important thing to remember is that it's not your fault.

THERE ARE NO EXCUSES FOR SEXUAL VIOLENCE. WHOEVER THE ATTACKER IS THE IMPORTANT THING TO REMEMBER IS THAT IT'S NOT YOUR FAULT.

HOW WE CAN SUPPORT YOU

- A service led by you, giving you the information you need to decide what you would like to do.
- Regular face to face, phone and text contact
- Help you understand the police process if you report to the police and liaising with the police for updates.
- Talking about your safety and keeping you safe.
- Talk through any concerns and worries you have.
- Help to co-ordinate different agencies, such as sexual health, mental health, substance misuse, LGBTQ+, housing.
- Refer you for counselling and other appropriate services.
- Speak to your parent/guardian to make sure they understand how you are feeling
- Provide information and support to parents/carers.

CONTACT US

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