

THE ROLE OF AN ISVA

The adult ISVA plays an important role in providing specialist tailored support to survivors over the age of 18 years of age who have been subject to sexual abuse and violence, irrespective of whether they have reported to the police.

The ISVA works directly with you helping you to decide what next steps are best to take. They are there to listen and offer practical advice and reassurance.

Your ISVA can answer any questions you have so that you feel empowered to make informed decisions.

"A million thank you's! It was so hard to reach out, but you made me feel like I wasn't alone. I was hurting, confused and lost but you were there for me. You helped me realise I'm not to blame"

ISLE OF WIGHT CONTACT NUMBERS

Chantry House, Mental Health services I
01983 525254

IOW Safehaven, Fellowship House I
0330 008 2507

SPA Mental Health Single point of contact
team: 01983522214

Treetops: Sexual Assault Referral Centre
(SARC) I 03001236616

Sexual health Clinic St Mary's IoW I
0300 300 2016 I www.letstalkaboutit.nhs.uk

Inclusion, Drug and Alcohol service I
01983 526654

Paragon Domestic abuse service I
0800 234 6266

NATIONAL HELPLINE NUMBERS

Samaritans I 116 123

Rape Crisis I 0808 8029999

National Victim Support I 0808 1689 111

National Domestic Violence Helpline I 0808
2000 247

Mankind I 01823 334244

Galop LGBT+ I 0800 999 5428



**HAMPTON
TRUST**
INNOVATION TO REBUILD LIVES



INDEPENDENT SEXUAL VIOLENCE ADVISOR

Isle of Wight



HAMPSHIRE
CONSTABULARY



WHAT IS SEXUAL VIOLENCE?

Sexual Violence is any act of a sexual nature committed without consent, or any act that violently targets a person's sexual function. Sexual violence is broader than just unwanted sexual penetration – it can include any form of sexual contact, forcible nudity and harassment.

There is a myth that only strangers carry out sexual attacks. Many assaults are committed by someone the victim knows, including family, partner, spouse or close friends.

There are no excuses for sexual violence. Whoever the attacker is the important thing to remember is that it's not your fault.

WHAT THE SERVICE CAN OFFER

- Hampton Trust are an inclusive service offering support to all.
- A service led by you and tailored to your needs.
- Practical advice on reporting to the police, the legal process and attending court.
- Signposting to counselling and other relevant services
- Help to co-ordinate different agencies, such as sexual health, mental health and substance misuse
- Support through the criminal investigation if you choose to report
- Regular face to face, phone and text contact.
- One to one support work based on your needs.

CONTACT US

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